

Step 1:

Sign into your account at member.compassrosebenefits.com.



[Compass Rose Homepage](#) [Register](#)

SIGN IN

Username

Password

Sign In

[Forgot username?](#)

[Forgot password?](#)

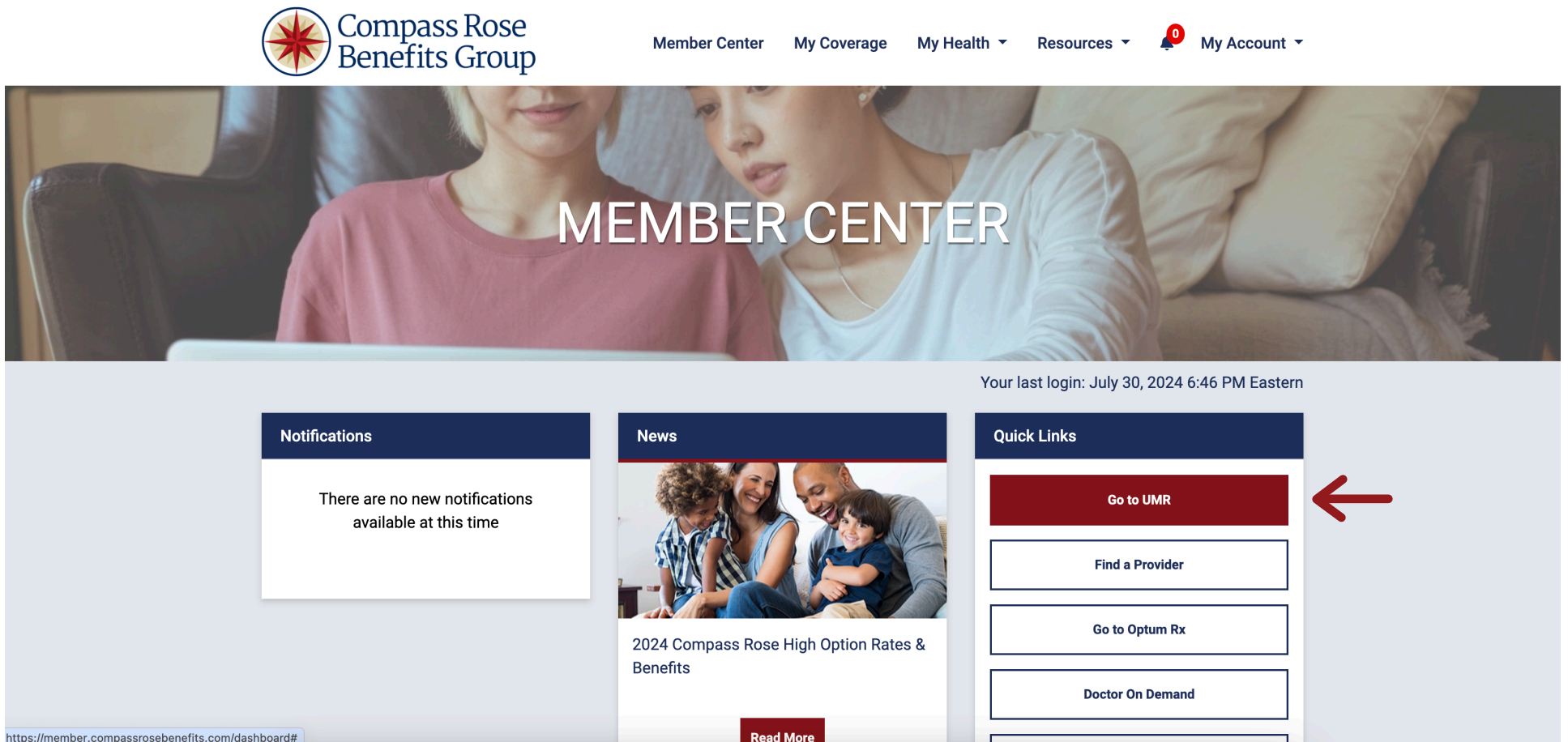
[Get Tech Support](#)

ANNOUNCEMENTS



Step 2:

Click **Go to UMR** in the **Quick Links** menu.



The screenshot shows the myCompass Member Center dashboard. At the top left is the Compass Rose Benefits Group logo. The navigation bar includes links for Member Center, My Coverage, My Health, Resources, and My Account. A notification bell icon is also present. The main header area features a large image of a family with the text "MEMBER CENTER" overlaid. Below the header, the dashboard is divided into three columns: Notifications, News, and Quick Links. The Notifications column shows "There are no new notifications available at this time". The News column features a headline "2024 Compass Rose High Option Rates & Benefits" with a "Read More" button. The Quick Links column contains four buttons: "Go to UMR", "Find a Provider", "Go to Optum Rx", and "Doctor On Demand". A red arrow points to the "Go to UMR" button. The top right of the dashboard displays "Your last login: July 30, 2024 6:46 PM Eastern". A URL bar at the bottom left shows "https://member.compassrosebenefits.com/dashboard#".

Compass Rose Benefits Group

Member Center My Coverage My Health Resources My Account

MEMBER CENTER

Your last login: July 30, 2024 6:46 PM Eastern

Notifications

There are no new notifications available at this time

News

2024 Compass Rose High Option Rates & Benefits

Read More

Quick Links

Go to UMR

Find a Provider

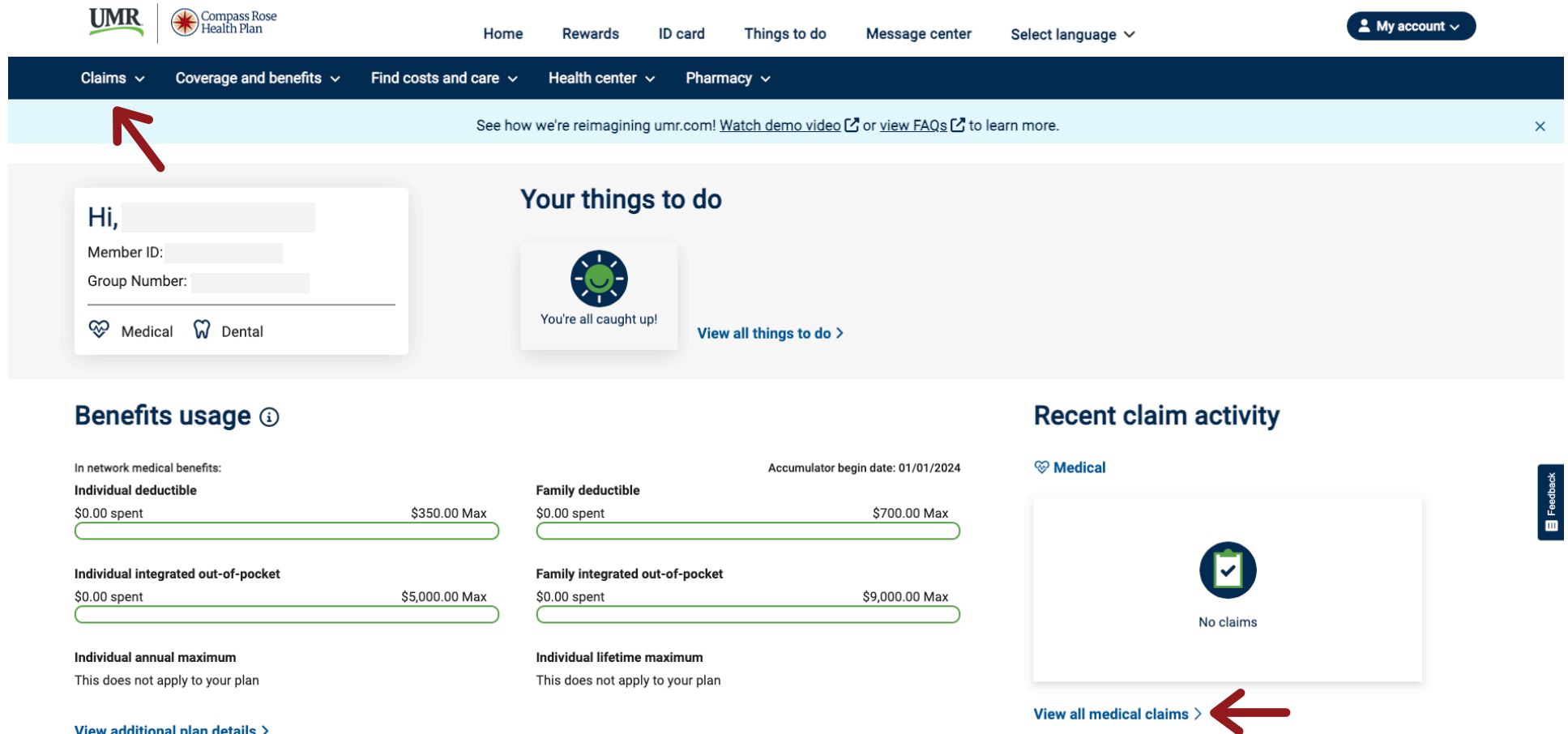
Go to Optum Rx

Doctor On Demand

https://member.compassrosebenefits.com/dashboard#

Step 3:

There are two ways to access your claims & EOBs. Click **View all medical claims** under **Recent claim activity** on your dashboard **OR** open the **Claims** dropdown in the main menu and select **Medical claims**.



The screenshot shows the myCompass dashboard. At the top, there is a navigation bar with the UMR and Compass Rose Health Plan logos on the left, and links for Home, Rewards, ID card, Things to do, Message center, and Select language on the right. A 'My account' button is also present. Below the navigation bar is a dark blue menu with dropdown options: Claims, Coverage and benefits, Find costs and care, Health center, and Pharmacy. A red arrow points to the 'Claims' dropdown. A light blue banner below the menu contains the text: 'See how we're reimagining umr.com! Watch demo video or view FAQs to learn more.' The main content area is divided into several sections: 1. A greeting card with 'Hi, [redacted]', Member ID, and Group Number, along with 'Medical' and 'Dental' icons. 2. A 'Your things to do' section with a clock icon and the text 'You're all caught up!' and a 'View all things to do' link. 3. A 'Benefits usage' section with a table of deductibles and maximums. 4. A 'Recent claim activity' section with a 'Medical' filter and a 'No claims' message with a checkmark icon. A red arrow points to the 'View all medical claims' link below this section. A 'Feedback' button is visible on the right side of the dashboard.

UMR | Compass Rose Health Plan

Home Rewards ID card Things to do Message center Select language **My account**

Claims Coverage and benefits Find costs and care Health center Pharmacy

See how we're reimagining umr.com! [Watch demo video](#) or [view FAQs](#) to learn more.

Hi, [redacted]
Member ID: [redacted]
Group Number: [redacted]
Medical Dental

Your things to do
You're all caught up!
[View all things to do](#)

Benefits usage

In network medical benefits: Accumulator begin date: 01/01/2024

Individual deductible \$0.00 spent \$350.00 Max	Family deductible \$0.00 spent \$700.00 Max
Individual integrated out-of-pocket \$0.00 spent \$5,000.00 Max	Family integrated out-of-pocket \$0.00 spent \$9,000.00 Max
Individual annual maximum This does not apply to your plan	Individual lifetime maximum This does not apply to your plan

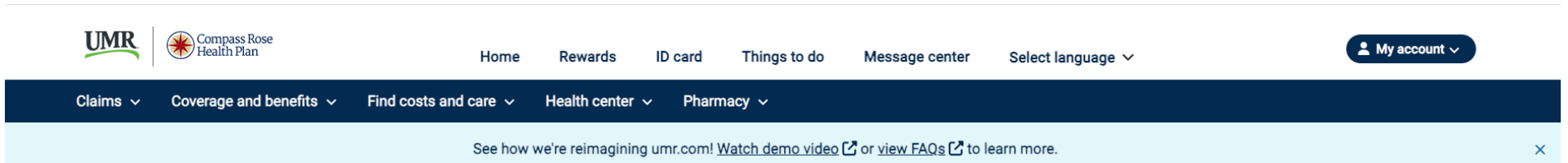
[View additional plan details](#)

Recent claim activity
Medical
No claims
[View all medical claims](#)

Feedback

Step 4:

You can change the person, status and time period to filter your search. Select all if you are unsure. Then click **Apply**.



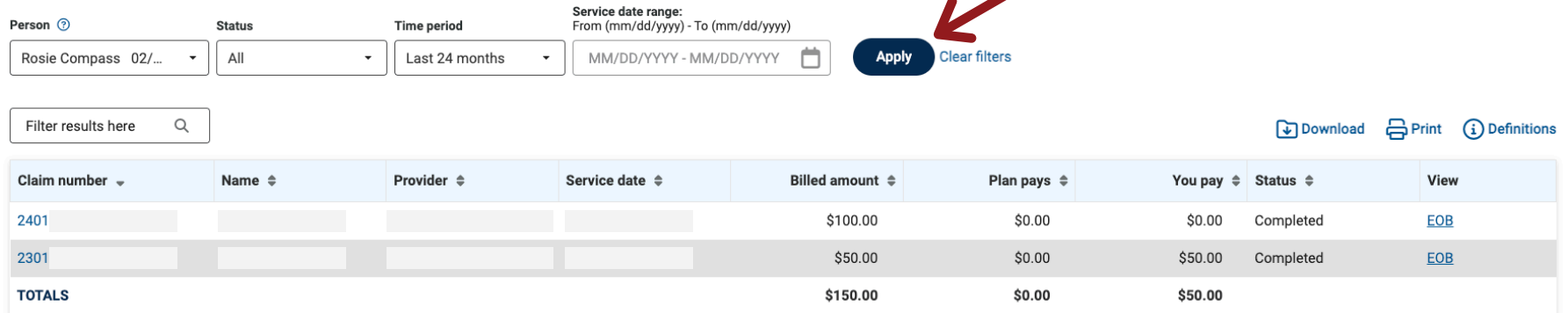
The screenshot shows the top navigation bar of the myCompass website. It includes the UMR and Compass Rose Health Plan logos on the left. The main navigation menu contains links for Home, Rewards, ID card, Things to do, Message center, and Select language. A 'My account' button is located on the right. Below the navigation bar is a dark blue bar with dropdown menus for Claims, Coverage and benefits, Find costs and care, Health center, and Pharmacy. A light blue banner below this bar contains a message: 'See how we're reimagining umr.com! Watch demo video or view FAQs to learn more.'

Claims

On this site you may view your claims that have already been paid, and claims currently in the payment process. If you do not see a claim you feel was submitted over 30 days ago or if a claim you submitted over 30 days ago is outstanding, please contact UMR at 888-438-9135 or umr-crbginquiry@umr.com.

Medical Dental Pharmacy

Search and view your medical claims. You can filter your search by persons covered, claim status, time period or service date to find a specific claim.

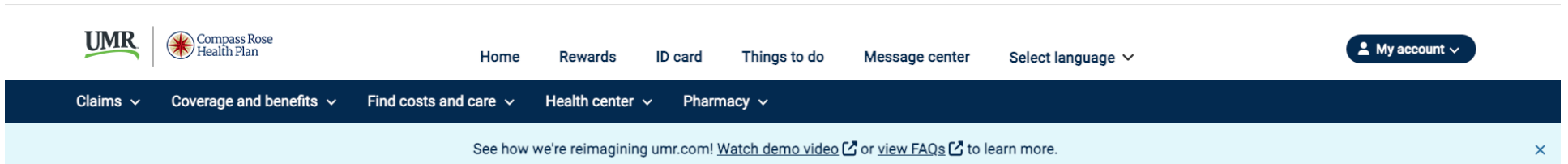


The screenshot shows the claims search interface. It includes filter dropdowns for Person (Rosie Compass 02/...), Status (All), and Time period (Last 24 months). A Service date range field is set to MM/DD/YYYY - MM/DD/YYYY. A red arrow points to the 'Apply' button. Below the filters is a search box labeled 'Filter results here' and buttons for Download, Print, and Definitions. The results are displayed in a table with columns for Claim number, Name, Provider, Service date, Billed amount, Plan pays, You pay, Status, and View.

Claim number	Name	Provider	Service date	Billed amount	Plan pays	You pay	Status	View
2401				\$100.00	\$0.00	\$0.00	Completed	EOB
2301				\$50.00	\$0.00	\$50.00	Completed	EOB
TOTALS				\$150.00	\$0.00	\$50.00		

Step 5:

You can click on your claim number to view more details and click **EOB** to view your EOB. EOBs will open in a new window — make sure pop-ups are enabled.



UMR | Compass Rose Health Plan

Home Rewards ID card Things to do Message center Select language My account

Claims Coverage and benefits Find costs and care Health center Pharmacy

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Medical Dental Pharmacy

Search and view your medical claims. You can filter your search by persons covered, claim status, time period or service date to find a specific claim.

Person ⓘ Status Time period Service date range: From (mm/dd/yyyy) - To (mm/dd/yyyy)

Rosie Compass 02/... All Last 24 months MM/DD/YYYY - MM/DD/YYYY Apply Clear filters

Filter results here

Download Print Definitions

Claim number	Name	Provider	Service date	Billed amount	Plan pays	You pay	Status	View
2401				\$100.00	\$0.00	\$0.00	Completed	EOB
2301				\$50.00	\$0.00	\$50.00	Completed	EOB
TOTALS				\$150.00	\$0.00	\$50.00		

