

# Age Well with Compass Rose

*Your wellbeing matters to us.*



Compass Rose Benefits Group is on a mission to help support our older adult members as they age. We want to equip you and your loved ones with the tools you need to live a long and fulfilling life — on your own terms. The Aging Well program is a **free** service that is dedicated to supporting members.

Aging can be unpredictable. We can help. With the Aging Well program, you get:



## Support

Ongoing support for your health & wellness



## Resources

Access to educational tools & local resources



## Experts

Professionals to help you achieve your goals



## Planning

Help developing your aging well strategy

Thank you for being a part of the Compass Rose Benefits Group family! We are committed to connecting you with the support you deserve and helping you achieve what is most important to you as you age.

To get started visit our website:

[compassrosebenefits.com/AgingWell](https://compassrosebenefits.com/AgingWell)



Scan the QR code with your phone's camera to visit our mobile site.



## Connect with Us

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Compass Rose  
Benefits Group