# **Health Care Cost Tools**



## **Standard Option**

We're committed to helping you get the most out of your health care budget. That's why we provide tools and resources to help you estimate your out-of-pocket costs and make informed decisions about your health care spending.



#### **Health Care Savings**

When it comes to your health care, it pays to be prepared. As a Compass Rose Health Plan member, you can estimate costs for care and procedures using **UMR's Health Cost Estimator**. This online tool helps you find:

- Average costs for care in your network, including providers, hospitals, mental health services, labs, convenience care and more.
- Average costs for specific treatments in your area.
- Quality ratings and reviews for providers, hospitals and facilities.

Estimate your costs by signing in to myCompass at **member.compassrosebenefits.com** and clicking **Go to UMR**.



#### **Prescription Drug Costs**

If you are looking for ways to save on your medication, Optum Rx® can help. With the **Optum Rx Drug Pricing Tool**, you can look up medication costs and view lower cost alternatives, like generic medications. Optum Rx also finds other ways to save with priority pricing, which helps you find a network pharmacy or switch to home delivery for lower co-pays.

View costs and manage your medications by signing into your account via:

- myCompass: member.compassrosebenefits.com
- Optum Rx website: optumrx.com
- Optum Rx mobile app: search OptumRx in your device's app store



#### **Finding the Right Provider**

Did you know you have lower office visit co-pays when you visit a Premium Care Physician for primary and specialty care? Premium Care Physicians help ensure you receive quality and efficient care and can be found through our provider directory. Search online at **compassrosebenefits.com/UHC** and look for two blue hearts.

### **Manage Your Health Care Costs**

Access these health care cost tools and check your financial dashboard by scanning the QR code or visiting **member.compassrosebenefits.com**.

